

Vitamin B12 Energy Shot

Vitamin B12 (cobalamin) is vital to cells in our body. It affects every system such as your nervous, digestive, cardiovascular, endocrine, ear, nose and throat.

You can get your recommended daily amount of vitamin B12 in your diet from meat, fish and dairy products. But sometimes, problems can affect this such as age and the bodies ability to absorb vitamin B12 and also vitamin B12 deficiency.

The range of symptoms caused by B12 deficiency can be tiredness, general fatigue, low energy and low mood are also common.

Unfortunately, too few doctors are aware of vitamin B12 injection treatment and that it is affordable, easy to arrange, free of any major side-effects and also with robust clinical evidence for its efficacy.

Many people are not being diagnosed — and, when they are, they are failing to get the treatment they need.

That is why as a private service, we are happy to help

WHAT TO KNOW BEFORE VISIT

Our practitioners provide this service to patients 18 years or older.

- This service is not available to pregnant women.

Patients with the following may be directed to another health care provider:

- Allergy or sensitivity to vitamin B or cobalt

The range of symptoms caused by B12 deficiency can be persistent tiredness or lack of energy (lethargy), general and on-going fatigue and low mood are also common.

Receiving a large dose of vitamin B12 through injections isn't likely to harm your health, but can interfere with the effectiveness of some medications. Please inform your NURSE

PRACTITIONER prior to your injection